

#	NAME	December 31st, 2021	January 31, 2022	February 28, 2022	March 27, 2022
		(3 Miles)	(3 Miles)	(6 Miles)	(6 Miles)
1	S. Alford	35:05 (8:15 / mile) - 4.25 mi	34:52 (8:20/mile) - 4.18mi	47:09 (7:25/mile)	55:17 (8:11 / mi) - 6.75 mi
2	S. Argueta	36:08 (11:14 / mile)	36:41 (11:00/ mile)	68:00 (11:19 / mile)	
3	B. Belcher	28:19 (9:26 / mile)	25:35 (8:31 / mile)	59:47 (9:57/mile)	55:32 (9:15/mile)
4	S. Butts	31:47 (10:36 / mile)	31:44 (10:35 / mile)	TBD	64:23 (10:41 / mile)
5	C. Carlyle	31:36 (10:20 / mile)	51:29 (9:32 / mile) 5.4 mi	66:00 (9:22/mile) 7.07 mi	52:42 (9:44 / mi) - 5.41 mi
6	M. Cornett	32:29 (10:21 / mile)	26:52 (8:56 / mile)	62:00 (10:29 / mile)	49:22 (8:13 / mile)
7	A. Cruz	28:24 (9:28 / mile)	-	-	-
8	J. De La Sierra	-	27:28 (8:49 / mile)	55:43 (9:08 / mile)	54:35 (8:45 / mile)
9	J. Donovan	25:29 (8:25 / mile)	-	-	-
10	J. Evans	21:09 (6:47 / mile)	20:40 (6:38 / mile)	41:54 (6:59 / mile)	74:00 (8:40/mi) - 8.54 mi
11	K. Falcon	-	-	41:49 (8:21 / mile) - 5 mi	
12	L. Greeley	25:05 (7:55 / mile)	24:15 (9:41 / mile) 2.5	52:19 (8:39 / mile)	
13	T. Groves	30:21 (9:47 / mile)	-	-	-
14	Z. Hooker	28:09 (9:22 / mile)	-	-	-
15	T. Kirkham	25:24 (8:12 / mile)	51:16 (8:11 / mile) 10K	53:53: (8:41 / mile)	53:11 (8:55 / mile)
16	K. Malagon	25:51 (8:27 / mile)	25:41 (7:29 / mile)	54:15 (7:53 / mile)	
17	G. Martin	33:27 (10:12 / mile)	-	-	-
18	V. Mendelson	-	32:34 (10:28 / mile)	64:26 (10:41 / mile)	58:11 (9:22/mile)
19	D. Pasquil	27:58 (8:52 / mile)	27:53 (8:54 / mile) - 3.13	57:18 (9:33/mile)	
20	S. Poondée	34:49 (10:13 / mile)	42:13 (10:30 / mile) - 4.05 mi	65:20 (10:30/mile)	59:49 (9:58 / mile)
21	G. Quackenbush	28:53 (9:35 / mile)	28:31 (9:27/mile)	TBD	62:55 (10:29 / mile)
22	C. Salvia	7:38 / mile (1 mile)	-	-	-
23	J. Sproule	23:23 (7:47 / mile)	25:03 (8:21/mile)	50:48 (8:28 / mile)	53:24 (8:54 / mile)
24	M. Torgesen	-	29:42 (9:15 / mile) - 3.21	54:00 (9:00/mile)	52:30 (8:45/mile)
25	C. Thornton	-	-	-	-
26	M. Watson	29:59 (9:59 / mile)	27:22 (9:07 / mile)	59:50 (9:58/mile)	56:05 (9:20/mile)
27	S. Nhou	-	-	69:32 (11:35 / mile)	63:28 (10:35 / mile)